

	DAY 1
9.30am	Welcome: Meet and Greet
10am	Group session 1
11.30am	Break
2.30pm	Group session 2
4pm	End of day

	DAY 2
10am	Group session 3
11.30am	Break
2.30pm	Group session 4
4pm	End of day

	DAY 3
10am	Group session 5
11.30am	Break
2.30pm	Group session 6
4pm	End of day